

St. Gabriel Youth Group (SGYG)

SGYG is open to all high school teens. We meet on **Wednesday evenings from 7:30-9pm (doors open at 7:15pm)** in the Gabriel House Chapel. No sign-up necessary! High schoolers can attend on a regular basis or drop-in as it fits their schedule!

WEDNESDAY TIME CHANGE FOR MARCH:

"Mini SGYG" | 7-8pm

Stations of the Cross Practice | 8-9:15pm

SAVE THE DATE!

SGYG & 8th Grade-led Silhouette Stations of the Cross: April 5

LUKE 18 | 8th Grade Retreat: May 5 - 7

*Registration is OPEN!

Current 8th graders need to use the QR Code in the flyer or visit the SGA parish website by Wednesday, March 29.

Steubenville STL Mid-America 2023: July 7 - 9

*Only 8 spots remain and are available on a first-come basis! The registration link can be found on the Youth Group page of the SGA parish website.

Stay Connected with SGYG

Follow us on Instagram @stgabesyg Like our Facebook Group: St. Gabriel Youth Group (SGYG)

Visit the Youth Group page on the SGA parish website. Contact SGYG Youth Minister: Sarah Henderson - hendersons@stgabrielstl.org

Lenten Project Update

We are just \$20 away from breaking the \$7,000 level for our Lenten Project. This is amazing! Thank you for your generosity.

I want to thank those who have added to our check for Malawi. We now plan to send a check for \$5,300 to Malawi, thanks to your generosity. If you would like your gift to go specifically to Malawi, please indicate that on your envelope.

Our Lenten project has also raised \$1,680 for our parish school. Any general gifts to the Lenten Project will go to assist our own school.

We are so grateful for your generosity in helping to pass along our Catholic faith to the next generation through the gift of Catholic Education.

How to go to Confession

1. Enter the Confessional and greet the priest
 - Begin with the sign of the cross and tell Father how long it has been since your last confession.
2. List your sins
 - Mention both venial (everyday) sins and mortal (more serious) sins. Try to be thorough, but it's okay if you cannot remember every sin.
3. Listen to the priest
 - The priest will give some advice to help you with your sins and a penance to get you started on the right foot after confession.
4. Pray the Act of Contrition
 - Any version works. The use of cheat sheets is okay and encouraged.
5. Receive absolution from God
 - The priest will pray over you the words of absolution.
6. You are free to go!
 - You may feel joyful or relieved at this moment. You made your confession!

This Week at SRA

Fifth Week of Lent

The last full week of Lent is finally here!

Prayer Groups

Our prayer groups will meet this week. On Monday, Fr. John will hold a prayer group at 2:00pm in church. On Tuesday at 9:30am, Pam Hager will facilitate a prayer group in church. All are welcome to attend either or both of these meetings.

Tuesday Evening

For those looking to attend Mass or the sacraments more often, we will have confessions from 6:15-6:45pm, Mass at 7:00pm, followed by a Rosary with reflections. Our Rosary with reflections means that, before each Hail Mary, there will be a short meditation during that Hail Mary.

Eucharistic Adoration

We will resume Eucharistic Adoration this week: on Monday and Wednesday from 3:00-9:00pm.

Bother Father

Bother Father will be on Tuesday from 11:00-1:00pm. Please contact the parish office if you would like to sign up for a slot to speak with Father John.

Public Praying of the Rosary

As we continue to focus on the Rosary during this Holy Season of Lent, we will pray the Rosary publicly on Wednesday and Friday mornings at 6:30am. These prayers are also livestreamed on our YouTube channel and you can pray with us live or on demand.

Visits from Fr. John or our Pastoral Care Ministry

Sometimes it is hard to celebrate Lent, especially if you are sick or homebound. If you are in need of the sacraments, Holy Communion, or would just like someone to come by and pray with you, please contact the parish office.

Stations of the Cross

The Stations of the Cross will be prayed immediately following the 7:00am Mass on Friday. You can also livestream or hear the audio on demand on our YouTube channel.

Parish Rosary Program

Thank you to those who have turned in intention cards to pray the Rosary. There are now 29 people offering 83 Rosaries and 119 Decades each week for the intention listed in the bulletin.

This week, as we look forward to our young people receiving the Sacrament of Reconciliation on Thursday, our prayer intention will be for the spiritual growth of our students and teachers.

Would you like to pray with us and see that number of Rosaries increase? If so, please fill out this intention card and return it in the Offertory.

Parish Penance Service

As we near the end of Lent, we will have more opportunities to receive the Sacrament of Reconciliation as a parish.

Our first extraordinary time to receive confession will be next Saturday, April 1, from 2:00-4:20pm. Monsignor or I will be available in the confessional during that time period. There is no formal penance service; simply come when you can and receive the sacrament.

We will have two special times to receive the sacrament during Holy Week. On Spy Wednesday, April 5, we will have confessions from 6:00-8:00pm. On Holy Saturday, we will have Last, Last, Call Confessions from 11:00am-1:00pm. These times are opportunities to come when you can to receive the sacrament.

If you are having a great Lent, make it even better with a good confession. If you are having an okay Lent or maybe even a not-so-good Lent, make it better by receiving God's merciful love through this beautiful sacrament.

I will see you online or in church! - Fr. John
#SRAstrong

I commit to participating in the
Parish Rosary Program

(Name Optional)

I will pray...

_____ Decade(s)

_____ Rosary(ies)

Every:

_____ Day

_____ Week